

Cerveja artesanal Handcrafted beer	
Ophiussa	
Albino Ball	6,95€
Jararaca	8,00€
Chaco	7,75€
Indigo	6,69€
Benediction	10,49€
Scarlet	10,49€
Anathema	10,49€

Café para Partilhar Coffee to Share ^{2 Pax}	
Chemex	6,00€
Balão	7,50€
V60	5,65€

Brunch

Salmão	19,25€
Latte / Chá / Cappuccino / Café Americano <i>Latte / Tea / Cappuccino / American Coffee</i>	
Sumo de Laranja Natural / Sumo do Dia <i>Orange Juice / Juice of the Day</i>	
Pão de Água, Croissant Francês, Manteiga, Compota <i>Rustic Bread, French Croissant, Butter, Jam</i>	
Salmão, Ovos Mexidos e Rúcula <i>Salmon, Scrambled Eggs & Arugula</i>	
logurte, Fruta e Granola Caseira <i>Yogurt, Fruit and Homemade Granola</i>	

Continental	16,95€
Latte / Chá / Cappuccino / Café Americano <i>Latte / Tea / Cappuccino / American Coffee</i>	
Sumo de Laranja Natural / Sumo do Dia <i>Orange Juice / Juice of the Day</i>	
Pão de Água, Croissant Francês, Manteiga, Compota <i>Rustic Bread, French Croissant, Butter, Jam</i>	
Ovos Mexidos, Queijo, Fiambre e Rúcula <i>Scrambled Eggs, Cheese, Ham & Arugula</i>	
logurte, Fruta e Granola Caseira <i>Yogurt, Fruit & Homemade Granola</i>	

Menu	
Continental	13,25€
Croissant Francês, Pão de Lenha, Manteiga e Doce <i>French Croissant, Rustic Bread, Butter & Jam</i>	
Meia de Leite, Sumo de laranja, Espresso <i>Coffee, Orange Juice, Espresso</i>	

Bolos à Fatia* Sliced Cakes	
Red Velvet	3,70€
Tarte de Lima e Oreo <i>Lime and oreo pie</i>	3,70€
Cheesecake Caramelo Salgado <i>Salted Caramel Cheesecake</i>	3,70€
Tarte de Maçã com Noz Pecan <i>Apple Pie with Pecan Nut</i>	4,99€
*de acordo com a disponibilidade do dia <i>according to the day availability</i>	
Preços com IVA incluído à taxa legal em vigor	

Bebidas Quentes Hot Drinks 	
Espresso	1,15€
Espresso Duplo <i>Double Espresso</i>	2,30€
Espresso Macchiato	1,60€
Cappuccino	4,60€
Babyccino	1,80€
Latte Macchiato	
Simples / Simple	4,60€
Aromatizado / Aromatized	4,85€
Chocolate	4,85€
Mocha	5,25€
Latte Brûlée	5,70€
Latte Matcha	5,25€
Café de Filtro* <i>Filter Coffee*</i>	3,10€
French press <i>Brew Coffee French Press</i>	4,65€
Chocolate Quente Premium <i>Hot Chocolate</i>	4,80€
Chás <i>Tea</i>	2,50€
Serviço de Chá (folha) <i>Tea Service (2 pax)</i>	5,20€
Chai Tea	3,60€
Chai Tea Latte	4,95€
*Origem Única *Single Origin	
**Leite Vegetal ou s/ Lactose Vegetable or Lactose Free Milk +0,85€	

Bebidas Frias Cold Drinks 	
Affogato Gelado e café <i>Ice cream & Coffee</i>	4,75€
Café Gelado <i>Iced Coffee</i>	3,80€
Chá Gelado <i>Iced Tea</i>	3,75€
Iced Latte	4,75€
Iced Passion Coffee	5,50€
Iced Matcha	5,25€
Coffee Tonic	5,20€
Sumo de Laranja <i>Orange Juice</i>	4,00€
Sumos Naturais <i>Natural Juices</i>	4,30€
Smoothies	
Energia	6,60€
Tropical	6,60€
Aquela Kombucha	4,30€
Original Bio Gengibre Bio Hortelã Pimenta Bio Citrus Tropical Bio	



Refeições Light Ligeiras Meals



Torrificados no Pão

Azeite, Alho e Tomate  **4,00€**
Olive Oil, Garlic, Tomato

Burrata e Presunto **10,35€**
Burrata & Ham

Abacate e Ovo **8,85€**
Avocado & Egg

Salmão Fumado, Queijo Creme e Rúcula **10,35€**
Smoked Salmon, Cream Cheese & arugula

Ovo Escalfado, Abacate, Bacon com Molho Hollandaise **9,95€**
Poached Egg, Avocado, Bacon with Hollandaise Sauce

Tapioca

Abacate e Ovos Mexidos **8,30€**
Avocado with Scrambled Eggs

Salmão e Queijo Creme e Rúcula **10,35€**
Salmon with Cream Cheese & Arugula

Ovos Eggs

Quentes com Palitos de Pão **6,10€**
Soft Boiled Eggs with Breadsticks

Mexidos no pão **6,20€**
Scrambled on Bread

Wraps


Alface, Atum* e Tomate Cherry **7,45€**
Lettuce, Tuna Paste & Cherry Tomato
*Pasta de atum ou simples / Tuna paste or plain

Ovo, Queijo, Tomate Cherry e Alface **7,45€**
Egg, Cheese, Cherry Tomato & Lettuce

Salmão fumado, Queijo creme e Rúcula **8,45€**
Salmon with Cream Cheese & Arugula

Bowls

Mediterrânea **10,25€**
Couscous, Curgete, Cenoura, Cebola Roxa, Espinafre baby
Ovo escalfado, Tomate, Cogumelo Branco, Queijo Creme,
Azeite vermelho, Caju Torrado sem Sal.
*Couscous, Courgette, Carrot, Red Onion, Baby Spinach
Poached Egg, Tomato, White Mushroom, Cream Cheese,
Red olive oil.*

Vegan c/ azeite vermelho  **9,55€**
Alface, Rúcula, Cenoura, Rabanete, Cebola roxa,
Espinafre baby, Curgete, Tomate cherry, Tomate grelhado,
Croutons, Azeite vermelho.
*Lettuce, Rocket, Carrot, Radish, Red onion, Baby spinach,
Courgette, Cherry tomato, Grilled tomato, Croutons,
Red olive oil.*

Benedict **10,25€**
Alface, Rúcula, Cenoura, Rabanete, Cebola roxa,
Espinafre baby, Ovo escalfado, Tomate cherry, Abacate,
Amendoim torrado, Malagueta, Molho hollandaise.
*Lettuce, Rocket, Carrot, Radish, Red onion, Baby spinach,
Poached egg, Cherry tomato, Avocado, Roasted peanuts,
Chilli, Hollandaise sauce.*

Açai* **8,85€**
Açai

Iogurte **6,75€**
*Yogurt *Com fruta e granola caseira with fruit & homemade granola*

Panquecas Pancakes

Fruta, Mel, e Granola Caseira **7,95€**
Fruit, Honey & Homemade Granola
Topping Chocolate / Nutella + 0,50€

Tapioca Doce

Nutella com Fruta **8,15€**
Nutella with Fruit

Crepe | Waffle

Topping (Chocolate ou Mel) **5,75€**
Topping Chocolate or Honey

Topping (Chocolate ou Mel) + 1 Bola de Gelado e granola **7,25€**
Topping Chocolate or Honey, Ice-Cream Ball & home made granola

Tostas Toast

Mista em Pão Salão **3,90€**
Ham & Cheese in Rustic Bread

Pasta de Atum, Alface e Tomate **7,45€**
Tuna Past, Lettuce & Tomato

Humus, Alface e Tomate  **7,45€**
Humus, Lettuce & Tomato

Torradas Pão Salão **2,70€**
Toast in Rustic Bread

Sandwiches (pão especial de sementes)

Turkey **8,55€**
Peito de Perú Fatiado, Maionese, Mostarda e Rúcula ou Alface
Sliced Turkey Breast, Mayonnaise, Mostard and Arugula or Lettuce

Tuna **7,40€**
Pasta de Atum, Tomate e Rúcula ou Alface
Tuna Paste, Tomato and Arugula or Lettuce

New York **6,40€**
Ovo, Maionese, Mostarda e Rúcula ou Alface
Egg, Mayonnaise, Mostard and Arugula or Lettuce

Smokery **8,95€**
Queijo Creme, Salmão Fumado e Rúcula ou Alface
Brown Bread, Cream Cheese, Smoked Salmon and Arugula or Lettuce

Campânia **7,95€**
Mozzarella, Tomate Cherry e Molho Pesto
Mozzarella, Tomatoes Cherry and Pesto Sauce

Green Smokery **9,15€**
Salmão, Abacate, Rúcula ou Alface
Salmon, Avocado, Arugula or Lettuce

Vegana  **6,35€**
Beterraba, Cogumelos e Rúcula
Beetroot, Mushrooms & Arugula

American **6,95€**
Ovo, Queijo, Fiambre, Alface, Tomate e Maionese
Egg, Cheese, Ham, Lettuce, Tomato & Mayonnaise

Saladas Salads

Camponesa **9,45€**
Alface, Azeitonas, Cenoura, Fiambre, Maçã, Milho, Ovo, Queijo e Tomate
Lettuce, Olives, Carrot, Ham, Apple, Corn, Egg, Cheese & Tomato

Marítima **9,45€**
Alface, Atum, Ovo, Azeitonas, Cenoura, Milho e Tomate
Lettuce, Tuna, Egg, Olives, Carrot, Corn & Tomato

Lusitânia **10,85€**
Alface, Peito de Perú Fumado, Azeitonas, Cenoura, Milho e Tomate
Lettuce, Smoked Turkey Breast, Olives, Carrot, Corn & Tomato

Primavera **10,85€**
Alface, Salmão Fumado, Queijo Creme, Cenoura e Ananás
Lettuce, Smoked Salmon, Cream Cheese, Carrot & Pineapple

Sopa **3,20€**
Soup